

Chronic Disease List

Computer Language	Normal Language
CVD (Cerebrovascular Disease)	Stroke Disease
CHD (Coronary Heart Disease)	Heart Disease
CKD (Chronic Kidney Disease)	Kidney Disease
COPD (Chronic Obstructive Pulmonary Disease)	Lung Disease *
Asthma	Asthma *
Diabetes	Diabetes
Hypertension	Blood Pressure
Monitoring	Spot Check/Small 6-monthly check (10 mins)
Annual Review	MOT/Big Annual check-up (usually 20 mins)

* Only one check a year needed

- All cars have a yearly M.O.T. and you are more important – please make sure you plan and keep your own M.O.T and Spot Checks. Help us to help you stay healthy.